

# BIG



# BOXES

THANK YOU for choosing to meet a need in our community by shopping for a Big Box. Our primary goals are to fill each box to the brim and to provide a variety of non-perishable foods.

Make it personal — Each of these boxes represents a child, so we encourage you to personalize your shopping experience. Here are some ideas:

- Choose a box that represents a school close to your neighborhood. Then, commit to praying for the kids and staff there whenever you pass by.
- Engage in conversations with your family and friends. Teach your kids what it means to love others like Jesus loves us by meeting this tangible need.
- When shopping, purchase items from the recommended shopping list that you or your kids would enjoy.

Practical Tips - here are some practical ideas for how you can participate in Big Boxes:

- Consider ordering grocery pickup. Ordering online and using a grocery pickup option is a great way to save time and energy when shopping. When shopping in person or online, keep the Big Box food list with you to ensure you're buying the right items.
- Leave those grocery items in your car until you can drop them off at ARC. Utilize our drive-up option if you'd like help carrying your full box inside.



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Here are a few other creative ways to interact with Big Boxes:

- Shop via our Target Wish List - You can add 1 of each item to your cart and schedule a pick up, or use our wish list to find the items while shopping in the store. Scan the QR code to find our wish list!



- If you aren't able to shop in person, consider donating to Big Boxes via the Hope Store before or after church services the weekend Big Boxes launch in the lobby.

In order to provide safe and enjoyable boxes, we **CANNOT** accept the following:

- **Bread, baked goods, or chips** - They will be crushed in the packing and delivery process.
- **Fresh/frozen produce (including potatoes) or meat** - They will be spoiled by the time they arrive to the family in need.
- **Glass bottles or jars** - Glass breaks in the packing and delivery process, creating a potentially dangerous situation for those receiving the big boxes.
- **Any extremely large items** - Smaller items allow us to meet our goal of providing a variety of foods in each box, so jars/bottles 48oz or bigger, large pancake or oatmeal bags, large rice or bean bags, etc., will not be used, as they take up too much space in each box.



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## **BIG BOX APPROVED FOODS:**

- Pancake mix (add water only) & syrup
- Instant oatmeal or cereal
- Instant or canned soup (pop tops only OR include a can opener)
- Other quick, instant meals (mac 'n cheese cups, ravioli, ramen, etc.)
- Pasta noodles & sauce (plastic jars only)
- Shelf-stable protein shakes or protein bars
- Rice (2-3lb bags preferred)
- Canned or dried beans - black beans, kidney beans, or pinto beans (pop tops only OR include a can opener)
- Instant potatoes
- Canned fruits and veggies (pop tops only OR include a can opener)
- Snacks (dried fruit, granola bars, applesauce/fruit pouches, trail mix, raisins, dates, fruit cups, fruit snacks, or beef jerky)
- Juice or shelf-stable milk boxes
- Coffee or tea
- Veggie or Olive Oil (plastic bottles, 18oz or smaller)
- Baking goods (spices, sugar, flour, salt/pepper, brownie or cake mix, frosting)
- Tuna or canned chicken (pop tops only OR include a can opener)
- Peanut butter & jelly (plastic jars only)
- Dish soap (small, plastic bottles, 18oz or smaller)

**If you have any questions, please email us at [missions@autumnridge.church](mailto:missions@autumnridge.church)**



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## WALMART EXAMPLE SHOPPING LIST:

- 2, 4 pack 4oz mandarin oranges fruit cups
- 1 Variety pack apple sauce squeeze pouches, 12 count
- 4 cans of vegetables, variety
- 2 cans of black beans
- 1, 12oz bag semi-sweet chocolate chips
- Ramen noodles, 12 count
- 2 cans pre-cooked chicken breast
- 4 Tuna in water packets
- Microwavable Ravioli bowls, 4 count
- 1 box of variety granola bars, 24 count
- 1 box of cereal
- 1 box of fruit snacks, 22 count
- 1 plastic bottle Vegetable Oil, 32oz
- Ritz travel-size fresh snack crackers, 12 pack
- Peanut butter and jelly stripes, 1, 18oz plastic jar
- 2 Boxes of raisins, 6 count
- 1 bag trail mix, 26oz
- 2, 16oz boxes of uncooked spaghetti noodles
- 2, 24oz canned pasta sauce
- 1, 3lb bag of rice
- 2 bags of instant potatoes, 4oz packets
- Mac & cheese cups, 4 count
- 1 box caffeine-free herbal tea
- 1 instant oatmeal variety pack, 14oz
- 1 box pancake mix & 1, 24oz plastic jug of syrup
- Can opener

**TOTAL PRICE: \$116**

